

WHERE SPREADING AWARENESS MATTERS

# gutar gutu

**HUMAN  
TRAFFICKING**

**REAL WORLD BONDAGE:  
THE UNCUT PANORAMA**

**MAKING THE  
INVISIBLE VISIBLE**

**SCREAMS OF AN  
UNFORTUNATE ERA**

**UP  
FOR  
SALE**

- UNDERSTANDING THE  
RAPIDLY ESCALATING  
GLOBAL CRISIS

ASTITVA EDITION - 5

**INHUMAN TRAFFICKING :**  
**STORIES FOR US, OBLIGATORY ORDEAL FOR SOME**



**GUTARGU**  
**EDITION**  
**5**

**STOP  
HUMAN  
TRAFFICKING**

NO ONE CAN DO EVERYTHING BUT EVERYONE CAN

# DO SOMETHING

TAKE ACTION NOW #STOPHUMANTRAFFICKING





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# 01

## HUMAN TRAFFICKING

**Understanding the rapidly escalating global crisis**

**Human trafficking** is a mounting global crisis which goes beyond all racial, social and demographic boundaries and destroys numerous lives each year.

It is estimated that at every moment, nearly 2.4 million people are trafficked worldwide and of these, 600,000 to 800,000 are trafficked trans-nationally. According to the International Labour Organization, there are 40.3 million victims of modern-day slavery globally

The UN defines human trafficking as “the recruitment, transport, transfer, harbouring or receipt of a person by such means as threat or use of force or other forms of coercion, abduction, fraud or deception for the purpose of exploitation”..

Vulnerable men, women and children are trafficked for different purposes like exploitation in the sex, hospitality and entertainment industries, forced labour, forced criminal activities and the removal of organs. Victims are forced to work in harsh conditions without adequate compensation while living in abusive and inhumane conditions.

The diverse types of human trafficking mean that people all over the world are targeted, whatever their age, gender and background may be. According to UNODC’s 2020 Global Report on Trafficking in Persons, female victims continue to be the prime targets and make up two thirds of the victims of slavery worldwide. Additionally, children are also especially vulnerable and make up one in five victims of human trafficking.



In many cases, victims from marginalized sections of the society leave their homes of their own volition and fall prey to traffickers in the course of their journey, while some are kidnapped from their homes. Migrants may also turn to smugglers in an attempt to leave the poverty-stricken conditions in their home countries and move to first-world countries.

In addition to their many hardships, the victim's mental health is also severely affected. Mental health circles our emotional, psychological, and social well-being. The survivors undergo emotional trauma and turmoil which disturbs their psychological balance. Depression, anxiety, post-traumatic stress disorder and attempted suicide are common among survivors. Being in a horrible condition further adds to the vulnerability of the victims, especially due to factors directly associated with poor mental health, such as reduced decision-making capacity and increased dependence on others.

Trafficked individuals' risk of mental disorder appears to be influenced by multiple factors: pre-trafficking abuse, duration of exploitation, violence and restrictions on movement, greater numbers of unmet needs and lower levels of social support following trafficking. They may have difficulty recalling and recounting their experiences; trauma can affect recall of the details and chronology of events.



# NOT FOR SALE

## Policy recommendations to end Human Trafficking:

- Trafficking in Human Beings is prohibited under the Constitution of India under Article 23.
- The Immoral Traffic (Prevention) Act, 1956 is the premier legislation for prevention of trafficking for commercial sexual exploitation.
- Criminal Law Act 2013 of the Indian Penal Code provides for comprehensive measures to counter the menace of human trafficking.
- Anti-Trafficking Nodal Cell was set up in 2006 to act as a focal point on action taken by the State Governments to combat the crime of Human Trafficking.
- The Government of India penalises trafficking for commercial sexual exploitation through the Immoral Trafficking Prevention Act with a prescribed penalty of seven years' to life imprisonment.



# 02. Human Trafficking

## Screams Of An Unfortunate Era



# HUMAN TRAFFICKING IS MODERN-DAY SLAVERY



It is the exploitation of men, women and children by coercing them for unlawful services, forced labour or even sex by a third party for profit. The victims may be recruited, captivated or transported forcefully through illegal means like fraud or deception. Trafficking is against human rights and commercial exploitation of humans draws a parallel with the slavery system.

The Constitution of India has laid down rules to protect the people of its country, as under Article 23 (1) human trafficking is prohibited in India.

- **The Immoral Traffic (Prevention) Act, 1956 (ITPA)** is the premier legislation for the prevention of trafficking whose main aim is to prevent 'immoral traffic' in women and girls.
- **Criminal Law (Amendment) Act 2013**, popularly called the Anti-Rape Bill, which provides for amendments to the Indian Penal Code, Indian Evidence Act, and Code of Criminal Procedure, 1973 on laws related to sexual offences.
- **Protection of Children from Sexual Offences (POCSO) Act, 2012**, is a special law made to protect children from sexual abuse and exploitation.

The trafficking of human beings has become the third-largest crime industry in the world with millions of victims throughout the year. Anyone, especially healthcare providers from clerical staff to lab technicians, nursing staff, ambulatory care, radiology staff, security personnel, case managers, and physicians may come into contact with victims of human trafficking and may get in a position to recognize them and connect them with much-needed support and services.

The following is a list of potential red flags and indicators that medical providers may see in a patient who may be a victim of human trafficking. Each indicating sign when taken individually into account may not imply a trafficking situation and all victims of human trafficking don't need to exhibit these signs. However, the recognition of several indicators in a person may point to the need for action and further assessment.

- Visible injuries like a bruise, swelling, or redness.
- A third-party controlling the identity documents of the victim.
- Signs of unusual wealth without explanation like new jewellery, phones with an unknown form of income.
- Having tattoos that say, "Daddy," "Property of...," "For sale," etc.
- Demonstrates fearful or nervous behaviour and avoids eye contact.

Human trafficking must be condemned at any given place or time for any person of age, sex, race or community. We as human beings need to understand the adversity of such hideous crime, and in order to fight against human trafficking, one must be aware of their human rights. It is our righteous duty as human beings to stop this such crime against anyone.

In case of an emergency regarding violation of laws against human trafficking or a person having crucial information regarding trafficking situation must contact police officials or **use some helpline numbers like: -**

**- National Helpline for Children: - 1098**

- Operation Red Alert: - 1800 419 8588

- Bachpan Bachao Andolan: - 1800 102 7222

These are some important numbers that one should always keep in mind.

So, in order to fight against human trafficking, one must understand the sensitivity of the situation and then react to help and make a difference.

Ideally, a person can follow these simple steps: -

Be a conscientious and informed consumer. It's time to find out more about who may have picked your tomatoes or made your clothes.

Support and volunteer for the anti-trafficking communities in your area.

The role of social media platforms in recent times has been crucial for raising awareness about human trafficking. One can use the following hashtags: #endtrafficking, #freedomfirst

One can organize fundraisers and donate the proceeds to an anti-trafficking organization.

**Take a stand for all those people who can't speak up for themselves and ensure that they are treated well and are working of their own free will.**

# 3 ■ MAKING THE INVISIBLE VISIBLE



“I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do.” This is the spirit we need, we may choose to look the other way but we can never say it again that we did not know.

In Udaipur, three men were arrested for trafficking a 17-year-old girl from Falasiya village in the Jhandol region of the district on Monday. She was sold to one Pravin Makwana, a resident of Karwar village in Himmatnagar district of Gujarat, for Rs 1.25 lakh.

In Bengaluru, Central Crime Branch (CCB) sleuths recently arrested seven people, including three from the state, on human trafficking charges and rescued 17 women from captivity. The gang allegedly trafficked women to Dubai on the pretext of getting them good jobs and forced them to indulge in illegal activities there.

This is occurring around the world. The broad contemporary exploitation of everyone is inadmissible to individuals of the soul the world over. Customary ways to deal with forestalling, dealing with people, safeguarding and helping dealt people, and dealing with crooks small affect the worldwide peculiarity, yet at the same sufficiently not. That even one youngster is denied the advantages of experience growing up, that one young lady is exposed to the severe embarrassment of sexual exploitation and that one man turns into the captive of an awful slave driver in another country. No doubt, every human be it boys, men, or women who are a victim but the majority of them are still women and girls. Traffickers manipulate, tempt or overpower vulnerable individuals using various means. The amount of visible and invisible scars trafficking leaves on an individual is beyond words. According to the latest report by the United Nations Office on Drugs and Crime (UNODC), the extension of all human trafficking victims includes 71 percent of women and girls and one-third of children. Trafficked women and girls encounter high rates of physical and sexual violence, including homicide and torture, cerebral abuse, terrible work and living conditions, and extreme privation while in transit. Serious cerebral state problems affect trafficking, including anxiety, depression, tone-pernicious Jeste, suicidal creativity and self-murder, medicine and drunkenness, post-traumatic stress complaint (PTSD), dissociative diseases, and sophisticated PTSD. Physical symptoms among trafficking victims include neurological issues, gastrointestinal disturbances, respiratory torture, habitual pain, sexually transmitted conditions ( including HIV), urogenital problems, dental problems, fractures, and traumatic brain injuries. There is no typical case of human trafficking, which often overlaps with other closely related crimes, such as human smuggling, prostitution, intimate partner violence, and child abuse. It is an illegal trade mainly for purposes of commercial sexual exploitation and forced labor, in short, it's a crime against humanity. We must unite our efforts to free the victims and stop this increasingly aggressive crime that threatens not just individuals but the foundation values of society.

# Broken Glass

- Sakshi Goel

My hair it's messy, it's in knots,  
Just like my stomach,  
You punched my eye black, blue, red, yellow, green.  
Oh, you couldn't cease my will to dream,  
A dream with rainbows and freedom,  
I'm scarred and bruised,  
I'm strong as ever,  
Like a tigress I'll roar.  
No, your barcode can't stay,  
I slashed out the tattoo, it said "For Sale".  
I'M NOT FOR SALE.  
MY BODY IS NOT FOR SALE.  
MY SOUL IS MINE TO KEEP,  
SO IS MY BRAIN, AND MY BODY.

I'll get out of here,  
I'm out of Trafficking,  
I'm morphing into my inner Tigress;  
She's done with you, she's done with this,  
She's roaring,  
She has her claws out,  
Her fangs are thirsting for your blood,  
She has battle scars,  
She's healing,  
She's brave,  
She's bruised not broken,  
I'm scratched not shattered,  
I'm broken glass.  
I'm just as sharp as I'm fragile.

**CALL: 1-888-373-7888**



# Human trafficking

- Anushka Gupta  
( alfaaz ADGITM )

To my house I was going back  
Suddenly, I lost my track  
Utter darkness engulfed me  
So hard I tried to be free.

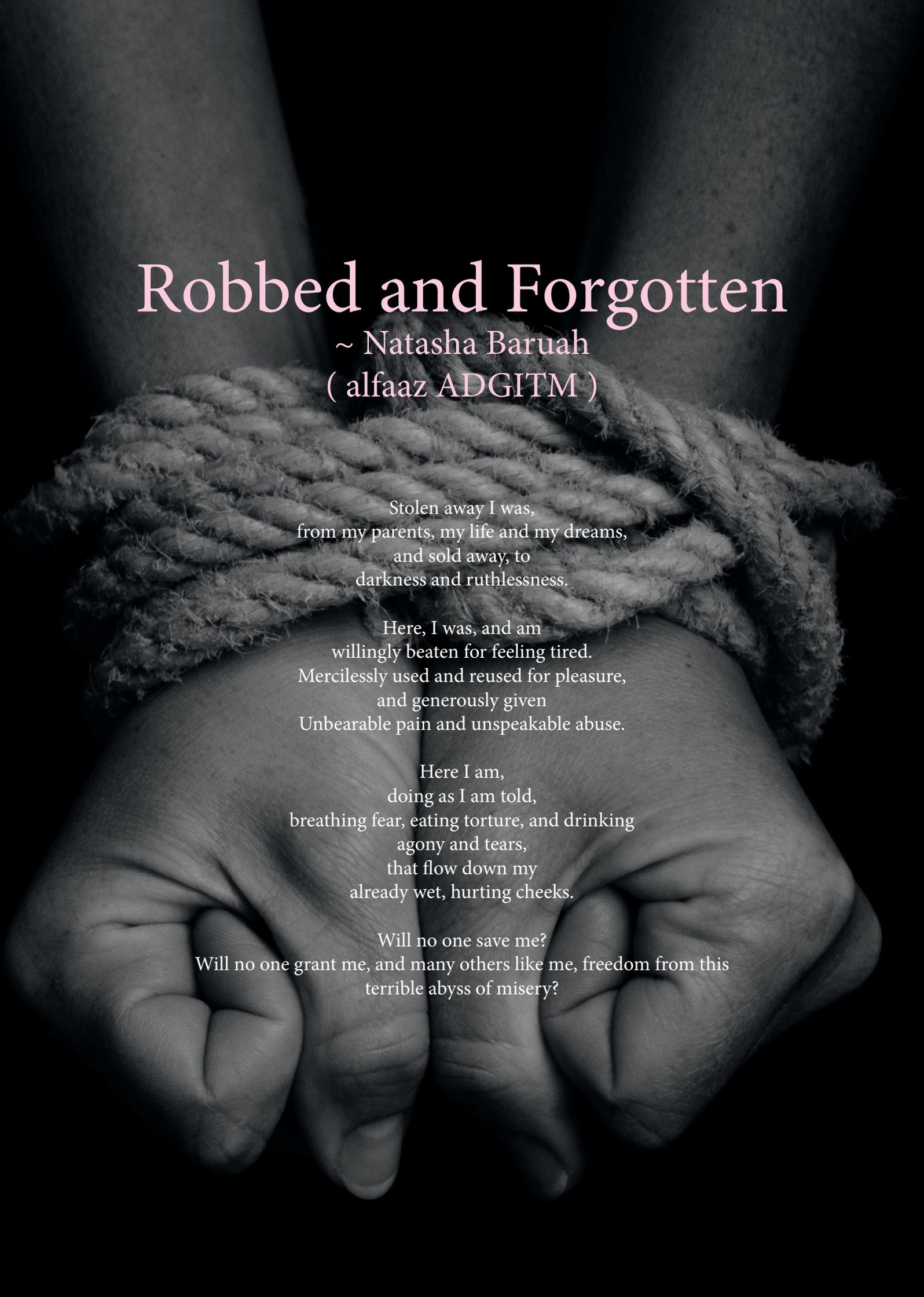
An isolated place I was brought to  
No sound to be heard, pin drop silence outgrew  
The incoming light made me blind  
Innocent faces sat behind.

No one spoke a single word  
So I screamed on top of my world  
A kick in the stomach, A slap in the face  
All I understood without leaving a trace

Thoughts of my parents striked  
So to escape once again I tried,  
This time ciggerate butts burnt my skin  
Only pain paraded through my shin.

Soon my bidding day arrived  
The end of my hopes thrived  
All my dreams were now shattered  
What was my passion, now didn't mattered.

The leftover tears in my heart I still hold  
To a private brothel I was sold  
Will I now ever be found?  
Or my missing case will be forgotten after being renowned.



# Robbed and Forgotten

~ Natasha Baruah  
( alfaaz ADGITM )

Stolen away I was,  
from my parents, my life and my dreams,  
and sold away, to  
darkness and ruthlessness.

Here, I was, and am  
willingly beaten for feeling tired.  
Mercilessly used and reused for pleasure,  
and generously given  
Unbearable pain and unspeakable abuse.

Here I am,  
doing as I am told,  
breathing fear, eating torture, and drinking  
agony and tears,  
that flow down my  
already wet, hurting cheeks.

Will no one save me?  
Will no one grant me, and many others like me, freedom from this  
terrible abyss of misery?

# 04.

## Real World Bondage: The uncut panorama



To highlight the graveness of this issue, some stats and cases are discussed below.

Human trafficking is dehumanizing and diminishing the faith in humanity.

It is extremely sad, how even in the 21st century we get to hear such horrific and nerve cracking episodes of extreme torture, forced labor, sexual exploitation and neglect of the most basic rights of a human.

In Spite of various laws in place, such rackets are still prevalent, and no proper support or relief is provided to the millions of victims who are caught in this vicious cycle of bondage.

**- A minor girl from Rajasthan sold for Rs. 1.25L in Gujarat ; three arrested.**  
Location: Udaipur

Three men were arrested for trafficking a 17-year-old girl from Falasiya village in the Jhandol region of the district on Monday. She was sold to one Pravin Makwana, a resident of Karwar village in Himmatnagar district of Gujarat, for Rs 1.25 lakh.

Taking cognizance of the human trafficking case in the district, the Child Welfare Committee (CWC) lodged a police complaint under the POCSO Act against the three accused.

## **- 95 women were sent to Dubai by a trafficker held in Karnataka; 17 women were saved**

Location: Bengaluru

Central Crime Branch (CCB) sleuths recently arrested seven people, including three from the state, on human trafficking charges and rescued 17 women from captivity. The gang allegedly trafficked women to Dubai on the pretext of getting them good jobs and forced them to indulge in illegal activities there. Cops said preliminary investigation revealed the accused had trafficked 9 women since 2019.



All these statistics present to us an alarming situation that must be dealt urgently and effectively with.

- According to ILO, 2017, 24.9 million people are victims of forced labor.
- Women and girls are disproportionately affected by human trafficking, accounting for 71% of all victims.
- 3.8 million adults are trafficked for forced sexual exploitation and 1.0 million children are trafficked for commercial sexual exploitation.
- Forced labor in the private economy generates an estimated \$150 billion in illegal profits per year. (ILO, 2012)

Such bondage has an irreplaceable negative impact on the mental, physical, psychological and overall well being of the victims. They often delve deep in anxiety, depression and accept their fate as it is. They lose their confidence and will to lead a happy life. Hence, getting them out of this vicious cycle turns out to be very difficult yet important. There are various NGOs who are tirelessly working for the welfare of victims. Some of them are mentioned here.

### **→ Prajwala**

Prajwala was established in 1996 by Sunitha Krishnan and brother Jose. This Hyderabad based NGO aims to demolish sex trafficking and other such injustices from the ground level. It works on the five pillars of preventing, protecting, rescuing, rehabilitating and reintegrating the victims. Prajwala has successfully rescued over 24,000 women and girls in the last 25 years of its existence, and has helped them lead a normal life again.

### **→ Prerana**

This Mumbai based NGO not only rescues human trafficking victims but has also taken pioneering and path-breaking steps to protect the future of the children of sex workers. They intervene and rescue the children of forced sex workers, because they are among the most vulnerable group. Prerana was awarded with the 'Mother Teresa Memorial Award' for its work in the red light areas and has proved to be extremely effective in its rescue operations.

### **→ Oasis India**

Been existing for the past three decades, Oasis India works with the judicial custodies and provides legal support to the survivors. They work to prevent human trafficking and other forms of violence and abuse against women and children. Oasis India currently has eight centers in Mumbai, Bengaluru, Chennai and Punganur.

**“ Be strong now, because things will get better. It might be stormy now, but it can't rain forever ”**

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UNDERSTANDING SUPPORTIVE

STUDENT LEADERS

GRATITUDE SYMPATHY

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KINDNESS

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